



CENTER OF INPOWERMEANT INC. 501C3

May Newsletter

OMB Families in Transition Grant

OMB Families in Transition Grant is a grant helping families in transition due to losing income, home, or other devastating events.

We also give clothing and home furnishing to families in need.

COINPM has 13 openings for our 6 - 12 month program.

We will walk 13 families through the initial process of rebuilding, restructuring, and securing their families' stability and future.

Start Application Here



Contact Information:

506 S. Spring St.
Ste 13308
L.A., CA 90013

O. 310/702-7592
F. 323/531-0765

info@coinpm.org

Let's talk inPOWERmeant!

Ham & Cheese Sandwich



*Director
Lurinda RiS Jones*

Who among us is fully satisfied with their lives? Don't we all, someplace in our hearts and minds, long for something better? Don't we all want something different—big or small—in our lives? It seems part of the human experience to want change, always. It could be more money, better relationships, freedom from pain, acceptance, more comfortable surroundings, or opportunities for personal growth. Even the most hopeless would welcome hope. Even the most lost among us would embrace direction. But the reality is that if nothing changes, everything stays the same. Without change, life satisfaction remains an elusive shadow that follows us but cannot catch. What would make your life more meaningful? Enjoyable? Satisfying? You probably already know. And you may also know how to obtain it.

Read More Here





Asian American *-and-* PACIFIC ISLANDER

Heritage Month

Asian Pacific American
Heritage Month
takes place in May.

It celebrates the culture,
traditions, and history
of Asian Americans
and Pacific Islanders in
the United States.

*You are
not alone*

MENTAL HEALTH *Awareness Month*

**Schedule a
complimentary
appointment
for you and your
family,
with our founder
or one of our
Mental Health
partners.**

*Schedule
a 30 min.
complimentary
consultation
today!*



[CLICK HERE](#)

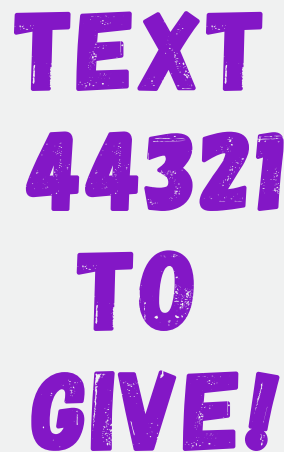
For more info contact 310-702-7592 email info@coinpm.org

PHYSICAL HEALTH



*Become a
bridge builder
today!*

*****BECOME A MONTHLY PARTNER FOR ONLY \$13!*****



**TEXT
44321
TO
GIVE!**

**No amount to
small or large.
All gifts are
tax deductible.**

Zelle info@COINPM.org



**@Centerof-inpowermeant
310-702-7592**



www.COINPM.org

Vision Services

FREE!

Eye Exam & Glasses

We're partnered with a national eye care service and are able to offer year round service to families.

Schedule
your
FREE
appointment
today!

For more info contact 310-702-7592 email info@coinpm.org



Dental Services

**No Dental insurance,
No problem!**

**NEW
DENTAL SERVICES:**

**Medi-Cal:
California residents**

**Healthy Families:
California residents
low income**

**Healthy Kids:
California residents
low income**

No proof of Immigration status needed.

For more info contact 310-702-7592 email info@coinpm.org

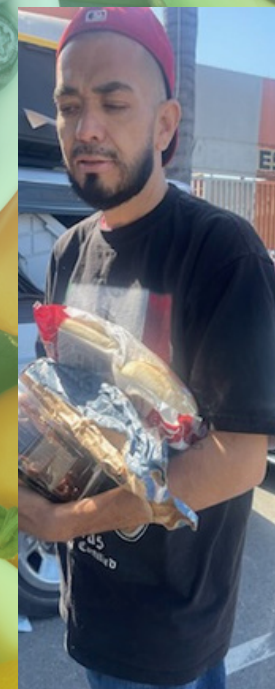
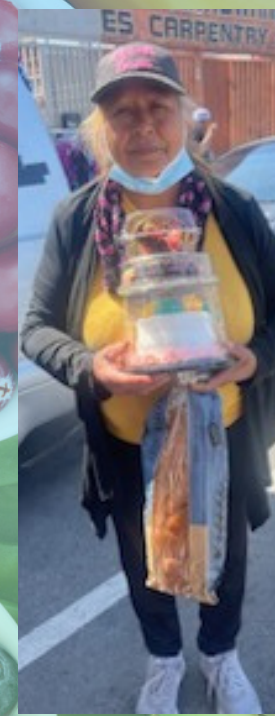


Community **FOOD SERVICES**

**We provide
nutritional foods
to families
in need.**

**MONDAY
WEDNESDAY
FRIDAY
SATURDAY**

**For more information contact
310/ 702-7592 or
email info@coinpm.org**



**EVERYTHING YOU'VE EVER WANTED TO KNOW!
HEAR US! ASK US! JOIN US!**

POWER TALK

with special guest
Lurinda Iris Jones



Bishop Edward R. Turner
Host



**Sunday
May 21st, 2023
9am- 10am**

**LIVE AUDIENCE OR STREAM LIVE VIA
ZOOM: 463-474-2429
CODE 1954**

**POL
1430 W. MANCHESTER AVENUE
LOS ANGELES, CA 90047
PLEASE RSVP @ (323) 496-8633
OR
POLCOMMEVT@GMAIL.COM**



COVID-19 PROTOCOLS ENFORCED



hello

MAY

2023



*Asian American and
Pacific Islander
Heritage Month

*Mental Health
Awareness Month

*Lupus
Awareness Month

14th -Mother's Day

15th -International Day
of Families

16th -Love a Tree Day

20th -Arm Forces Day

25th -National Wine Day

29th -Memorial Day